

Afluria® Quad

Inactivated Quadrivalent Influenza Vaccine (Split Virion)

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about Afluria® Quad vaccine.

It does not contain all the available information.

It does not take the place of talking to your doctor, nurse or pharmacist.

All medicines, including vaccines, have risks and benefits. Your doctor considers the risks of you having Afluria® Quad vaccine and the benefits they expect it will have.

If you have any concerns about this vaccine, ask your doctor, nurse or pharmacist.

Keep this leaflet.

You may need to read it again.

What Afluria® Quad vaccine is used for

Afluria® Quad vaccine helps prevent influenza, often called “the flu”. Influenza is caused by infection with specific influenza viruses. New types of influenza viruses can appear each year. Afluria® Quad vaccine contains fragments of four different types of influenza virus. Each year the Australian Influenza Vaccine Committee decides which four types of viruses are most suitable to include in the vaccine.

The virus in the vaccine has been killed. Therefore the vaccine cannot give you “the flu”.

Note: the vaccine will not protect you from the other influenza viruses that Afluria® Quad vaccine does not contain.

Afluria® Quad vaccine is a prescription only medicine. This year (2018) the viruses are A/Michigan/45/2015(H1N1) – like strain, A/Singapore/INFIMH-16-0019/2016 (H3N2) – like strain, B/Brisbane/60/2008 – like strain and B/Phuket/3073/2013 – like strain.

Vaccination against influenza is recommended every year, for anyone wanting to lower their chance of catching influenza.

How Afluria® Quad vaccine works

Afluria® Quad vaccine works by causing your body to protect itself against infection by the influenza viruses, types A and B, that are in the vaccine. The vaccine stimulates the body to make substances, called antibodies. Antibodies fight the influenza virus. If you have been vaccinated, when you come into contact with the influenza viruses in the vaccine, your body is usually able quickly to destroy the virus. This prevents you from getting influenza.

Your body takes a few weeks after vaccination to fully develop protection against the influenza virus.

Protection against influenza generally requires one dose of Afluria® Quad vaccine.

Most people make satisfactory antibodies against the influenza virus. However, as with all vaccines, 100% protection cannot be guaranteed.

The chance of having a severe unwanted reaction after having Afluria® Quad vaccine is very small. Whereas, the risks of

not being vaccinated against influenza may be very serious.

Before you are given Afluria® Quad vaccine

When you must not be given Afluria® Quad vaccine

Your child must not be given Afluria® Quad vaccine if they are under 18 years old. For the 2018 influenza season, Afluria® Quad vaccine is only for use in adults aged 18 years and over.

Do not have Afluria® Quad vaccine if you have or previously have had an allergy to:

- Afluria® Quad vaccine or any of the ingredients listed at the end of this leaflet
- eggs
- the antibiotics neomycin sulfate or polymyxin B sulfate.

Symptoms of an allergic reaction may include:

- shortness of breath, wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- skin rash, itching or hives.

Do not have Afluria® Quad vaccine if you have a temperature higher than 38.5°C.

Do not have Afluria® Quad vaccine after the expiry date printed on the packaging.

If you are not sure whether you should have Afluria® Quad vaccine, talk to your doctor, nurse or pharmacist.

Before you are given Afluria® Quad vaccine

Tell your doctor if in the past you have reacted to vaccination with any of the following:

- severe allergic reaction
- difficulty breathing
- swelling of the throat
- fainting or collapse
- fits or convulsions
- high temperature (greater than 38.5°C)
- severe skin reaction at the injection site, including severe bruising.

Tell your doctor if you have an infection or temperature higher than 38.5°C.

Your doctor may decide to delay vaccination until the illness has passed. A minor illness such as a cold is not usually a reason to delay vaccination.

Tell your doctor if in the past you have had any medical conditions, especially the following:

- low immunity due to ill-health, for example some blood disorders, malaria, kidney disease requiring dialysis, HIV/AIDS or cancer
- low immunity due to treatment with medicines such as corticosteroids, cyclosporin or other medicines, used to treat cancer (including radiation therapy)
- allergies or allergic reactions, including: runny, blocked or itchy nose; itchy rash or hives; swelling of the face, lips, mouth or tongue

- Guillain-Barré Syndrome (GBS), an illness which affects the nervous system and causes paralysis.

Tell your doctor if you have allergies to:

- any other medicines
- any other substances, such as foods, preservatives or dyes.

Tell your doctor if you are pregnant, or are planning to become pregnant.

Your doctor will discuss the potential risks and benefits of having Afluria® Quad vaccine during pregnancy, and advise on the timing of Afluria® Quad vaccination with regards to pregnancy.

Tell your doctor if you are breast-feeding.

Your doctor will discuss the potential risks and benefits of having Afluria® Quad vaccine while you are breast-feeding.

Taking other medicines

Tell your doctor, nurse or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Afluria® Quad vaccine may interfere with each other.

The following medicines or treatments may affect how well Afluria® Quad vaccine works:

- medicines which affect the body's immune response, such as corticosteroids, cyclosporin or
- some treatments for cancer (including radiation therapy).

Your doctor, nurse or pharmacist will help you decide whether or not you should have the vaccine.

Having other vaccines

Tell your doctor if you have had any vaccines in the last 4 weeks.

Afluria® Quad vaccine can be given at the same time as other vaccines.

Your doctor will tell you if Afluria® Quad vaccine is to be given at the same time as another vaccine.

How Afluria® Quad vaccine is given

How it is given

Afluria® Quad vaccine is given by a doctor, nurse or pharmacist, as an injection into a muscle or under the skin.

Afluria® Quad vaccine should be given at facilities able to manage any allergic reaction. Allergy to Afluria® Quad vaccine is uncommon, but allergy to any vaccine may occur.

How much is given

Afluria® Quad vaccine is given once every year, as follows:

- Adults 18 years and over: one injection of 0.5 mL

Overdose is unlikely as your doctor or nurse gives you the injection and it is pre-packed in individual single-use syringes.

If you have any concerns, ask your doctor, nurse or pharmacist.

When it is given

Afluria® Quad vaccine is usually given before the start of the influenza season.

Vaccination should be repeated every year as new types of influenza virus can appear each year.

After having Afluria® Quad vaccine

Things you must do

Keep an updated record of your vaccinations.

Keep any follow-up appointments with your doctor or clinic.

Side effects

Tell your doctor, nurse or pharmacist as soon as possible if you feel unwell after having the vaccine.

Afluria® Quad vaccine may have unwanted side effects in a few people. All medicines, including vaccines, can have side effects. Sometimes they are serious, most of the time they are not. You need medical treatment for some of the side effects.

Ask your doctor, nurse or pharmacist to answer any questions you may have.

The following are the more common side effects of Afluria® Quad vaccine. Mostly these are mild and short-lived.

Tell your doctor, nurse or pharmacist if you notice any of the following and they worry you:

- reaction around the injection site such as tenderness, bruising, redness, warmth, pain, swelling or the formation of hard lumps
- flu-like symptoms, such as headache, tiredness, fever, sore throat, runny nose, blocked nose, sneezing, cough, chills
- vomiting, nausea, diarrhoea
- aching muscles
- irritability/loss of appetite.

The following may be serious side effects and you may need urgent medical attention. However, these side effects are rare.

Tell your doctor immediately if you notice any of the following:

- tingling or numbness.

The following are very serious side effects and you may need urgent medical attention or hospitalisation. All of these side effects are rare.

If any of the following happen to you, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:

- An allergic reaction: Typical symptoms include rash, itching or hives on the skin, swelling of the face, lips, tongue or other parts of the body
- shortness of breath, wheezing or trouble breathing
- a fit, convulsion or seizure
- bleeding or bruising more easily than normal
- little or no urine
- severe stabbing or throbbing nerve pain
- neck stiffness, headache and high temperature associated with hallucinations, confusion, paralysis of part or all of the body, disturbances of behaviour, speech and eye movements, and sensitivity to light.

Very rarely, a serious disorder called Guillain-Barré syndrome (GBS) may occur. GBS is an autoimmune syndrome caused by

your body's own immune system. GBS may make you feel weak; you may have difficulty moving around or you may experience numbness and tingling in your limbs.

Other side effects not listed may occur in some people. Tell your doctor, nurse or pharmacist if you notice anything that makes you feel unwell.

Do not be alarmed by this list of possible side effects.

You may not experience any of them.

Storing Afluria® Quad vaccine

Afluria® Quad vaccine is usually stored in the doctor's surgery or clinic, or at the pharmacy.

If you need to store Afluria® Quad vaccine:

- **Keep it where children cannot reach it**
- **Keep it in the refrigerator, between 2°C and 8°C. Do not freeze Afluria® Quad vaccine. Protect it from light.**
Note: Freezing destroys the vaccine.
- **Keep Afluria® Quad vaccine in the original pack until it is time for it to be given.**

Afluria® Quad vaccine should not be used after the expiry date on the packaging.

Product description

What it looks like

Afluria® Quad vaccine is supplied in a glass pre-filled disposable syringe for single use only. Your doctor, nurse or pharmacist will give you the injection.

Afluria® Quad vaccine is supplied in pack sizes of one or ten syringes.

Ingredients

Active ingredients:

Purified, inactivated virus fragments from influenza types:

- H1N1 strain 15 micrograms
- H3N2 strain 15 micrograms
- B strain 15 micrograms
- B strain 15 micrograms

for the Southern Hemisphere winter season 2018.

Other ingredients

- Sodium chloride
- Dibasic sodium phosphate anhydrous
- Monobasic sodium phosphate
- Potassium chloride
- Monobasic potassium phosphate
- Calcium chloride

Afluria® Quad vaccine may also contain trace amounts of detergent (sodium taurodeoxycholate), egg protein (ovalbumin), sucrose, neomycin sulfate, polymyxin B sulfate and propiolactone.

Afluria® Quad vaccine does not contain lactose, gluten, tartrazine or any azo dyes.

Ask your doctor, nurse or pharmacist if you are unsure about anything or want more information about Afluria® Quad vaccine.

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