

Lisinopril AN Tablets

Lisinopril dihydrate

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about LISINOPRIL AN. It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking LISINOPRIL AN against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet with the medicine.

You may need to read it again.

What Lisinopril AN is used for

LISINOPRIL AN lowers high blood pressure, called hypertension. It is also used to treat heart failure and patients who have just had a heart attack.

Lisinopril AN belongs to a group of medicines called ACE inhibitors.

Before you take Lisinopril AN

When you must not take it

Do not take Lisinopril AN if:

- You have taken any medicines called 'ACE inhibitor' for high blood pressure or heart failure before, which caused your face, lips, tongue, throat, hands or feet to swell up, or made it hard for you to breath.
- If you have had an allergic reaction to an ACE inhibitor before, you may be allergic to LISINOPRIL AN.
- If you have an allergy to Lisinopril or any of the ingredients in LISINOPRIL AN TABLETS listed at the end of this leaflet.
- You are pregnant or breast-feeding.
- You have a history of the swelling of the face, lips, tongue, throat, hands or feet, for no apparent reason.
- The package is torn or shows signs of tampering.
- The expiry date (EXP) printed on the pack has passed. If you take this medicine after the expiry date has passed, it may not work as well.

Before you start to take it

Tell your doctor:

- 1. If you intend to become pregnant or intend to breast-feed**
- 2. If you suffer from:**
 - Kidney disease or are undergoing dialysis
 - Low blood pressure
 - Liver disease
 - Aortic stenosis or hypertrophic cardiomyopathy
 - Diabetes
 - Any other medical condition

- 3. If you are taking any other medicines, including any that you bought from a pharmacy, supermarket or health food shop.** Some of the medicines in common use that may interfere with Lisinopril AN include:

- Other medicines used to treat high blood pressure
- Diuretic tablets
- Injectable Gold products
- Lithium
- Potassium tablets
- Any non-steroidal anti-inflammatory medicines such as indomethacin
- Dialyses with high-flux membranes (e.g. AN69)
- Antidiabetics (such as insulin or oral hypoglycaemic agents)

These medicines may be affected by LISINOPRIL AN, or may affect how well it works. You may need to use different amounts of your medicine, or you may need to take different medicines. Your doctor will advise you.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking LISINOPRIL AN.

- 4. Have any allergies to LISINOPRIL or any other ingredients in LISINOPRIL AN tablets, or to any other medicines that you have used in the past, or to any other substances such as food, preservatives or dyes**
- 5. Are following a very low-salt diet**
- 6. Are going to receive desensitization treatment for an allergy, e.g. insect bites etc.**

If you have not told your doctor about any of the above, tell them before you take any LISINOPRIL AN.

How to take Lisinopril AN

Follow all directions given to you by your doctor or carefully.

They may differ from the information contained in this leaflet.

How much to take

Take Lisinopril AN only when prescribed by your doctor. Your doctor will tell you how many tablets to take each day. This depends on your condition and whether you are taking other medicines.

How to take it

Swallow the tablets whole with a glass of water or other fluid.

When to take it

LISINOPRIL AN is usually taken once a day.

Take your LISINOPRIL AN at about the same time each day. It does not matter whether you take LISINOPRIL AN with food or not. Taking your medicine at the same time each day will have the best effect. It will also help you remember when to take the tablets.

How long to take it

LISINOPRIL AN helps control your high blood pressure and helps improve your heart failure, but does not cure it. Therefore LISINOPRIL AN must be taken every day. Continue taking LISINOPRIL AN as long as your doctor prescribes it.

If you forget to take it

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, take it as soon as you remember and then go back to taking it as you would normally.

Do not take a double dose to make up for the dose that you missed.

If you are not sure what to do, ask your doctor or pharmacist. If you have trouble remembering your dose, ask your pharmacist for some hints.

If you take too much (Overdose)

Immediately telephone the Poisons Information Centre (telephone number 13 11 26), or go to Accident and Emergency at your nearest hospital if you think that you or anyone else may have taken too much Lisinopril AN.

Do this even if there are no signs of discomfort or poisoning.

Keep telephone numbers for these places handy.

If you are not sure what to do, contact your doctor or pharmacist.

While you are taking Lisinopril AN

Things you must do

Have your blood pressure checked regularly.

Drink plenty of water during exercise and hot weather while you are taking LISINOPRIL AN.

Tell your doctor immediately if you feel any light-headedness or dizziness after you take your first dose of LISINOPRIL AN or if your dose is increased. This is especially important if you are taking LISINOPRIL AN for heart failure.

Be sure to keep all of your appointments with your doctor so that your progress can be monitored.

Tell all doctors, dentists and pharmacists who are treating you that you are taking LISINOPRIL AN if:

- You become pregnant while taking LISINOPRIL AN
- You are going to have any laboratory tests
- You about to be started on any new medicine
- You plan to have surgery that needs a general anaesthetic
- You feel the tablets are not helping your condition
- You have excessive vomiting and or diarrhoea while taking LISINOPRIL AN
- For any reason, you have not taken your medicine exactly as prescribed. Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.

Things you must not do

Do not stop taking LISINOPRIL AN or change the dose without first checking with your doctor.

Do not let yourself run out of medicine over the weekend or on holidays.

Do not give LISINOPRIL AN to anyone else even if they have the same condition as you.

Do not use LISINOPRIL AN to treat other complaints unless your doctor says to.

Do not take any other medicines whether they require a prescription or not without first telling your doctor or consulting a pharmacist.

Things to be careful of

Be careful driving or operating machinery until you know how LISINOPRIL AN affects you.

Side Effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Lisinopril AN.

All medicines can have side effects.

Sometimes they are serious, most of the time they are not.

You may need medical treatment if you get some of the side effects.

If you are over 65 years of age you may have an increased chance of getting side effects.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor if you notice any of the following and they worry you:

- hypotension
- headache
- dizziness
- diarrhoea
- fatigue
- nausea
- persistent dry cough
- skin rashes
- asthenia
- flushing

These are usually mild side effects of LISINOPRIL AN, but may be serious.

Tell your doctor immediately or go to casualty at your nearest hospital if you notice any of the following:

- Chest pain, angina
- Changes in the way your heart beats, for example if you notice it beating faster
- Difficulty breathing
- Wheeziness due to tightness in the chest
- Itchy skin rash or other skin problems
- Sign of frequent or worrying infections such as fever, severe chills, sore throat or mouth ulcers
- Tingling or numbness of the hands and feet
- Passing less urine than is normal for you
- Bruising more easily than normal
- Severe abdominal pain
- Collapse numbness or weakness of arms or legs

These are all serious side effects. You may need urgent medical attention; however, these serious side effects are rare.

If any of the following happens, stop taking LISINOPRIL AN and tell your doctor immediately or go to casualty at your nearest hospital.

- Swelling of the face, lips, mouth or throat, which may cause difficulty in swallowing or breathing
- Pinkish, itchy swellings on the skin also called hives or nettle rash
- Fainting
- Yellowing of the skin and/or eyes, also called jaundice

These are very serious side effects. If you have them you may have had a serious allergic reaction to LISINOPRIL AN. You may need urgent medical attention or hospitalization. All of these side effects, however, are rare.

Also tell your doctor if you notice:

- Hair loss or thinning
- Impotence
- Psoriasis and other serious skin conditions
- Changes in the way things taste
- Feeling sleepy or difficulty in going to sleep, strange dreams
- Running nose or sinus pain

This is not a complete list of all possible side effects. Others may occur in some people and there may be some side effects not yet known.

Tell your doctor if you notice anything else that is making you feel unwell, even if it is not on this list.

Ask your doctor or pharmacist if you don't understand anything in this list.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

After taking Lisinopril AN

Storage

Keep your tablets in the blister pack until it is time to take them. If you take the tablets out of the blister pack they may not keep well.

Keep Lisinopril AN tablets in a cool, dry place where it stays below 25°C.

Do not store it, or any other medicine, in a bathroom or near a sink. Do not leave it in the car or on windowsills.

Heat and dampness can destroy some medicines.

Keep LISINOPRIL AN where young children cannot reach them.

A locked cupboard at least one-and-a-half meters above the ground is a good place to store medicines.

Disposal

If your doctor tells you to stop taking Lisinopril AN or the expiry date has passed, ask your pharmacist what to do with any medicine that you have left over.

Product Description

What Lisinopril AN looks like

LISINOPRIL AN comes in 2.5 mg, 5 mg, 10 mg and 20 mg tablet strengths.

LISINOPRIL AN comes in a pack size of 30 tablets.

- **Lisinopril AN 2.5 mg:** (AUST R 152711) White, circular, biconvex, uncoated tablets with "2.5" embossing on one side and "BL" embossing on other side.
- **Lisinopril AN 5 mg:** (AUST R 152712) Light pink coloured, circular, biconvex, uncoated tablets with "5" embossed and break line on one side and "BL" embossing on other side.
- **Lisinopril AN 10 mg:** (AUST R 152713) Light pink coloured, circular, biconvex, uncoated tablets with "10" embossing on one side and "BL" embossing on the other side.
- **Lisinopril AN 20 mg:** (AUST R 152714) Pink coloured, circular, biconvex, uncoated tablets with "20" embossing on one side and "BL" embossing on the other side.

Ingredients

Active ingredient

Lisinopril dehydrate

Inactive ingredients

- Calcium hydrogen phosphate
- Mannitol
- Maize starch
- Magnesium stearate
- Iron oxide red

Name and Address of the Sponsor

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