

MOVICOL® Liquid Orange Flavour - concentrate for oral solution

Consumer Medicine Information

THIS PRODUCT MUST BE DILUTED WITH WATER BEFORE USE

Please read this leaflet carefully before taking your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

What is this medicine?

This medicine is called MOVICOL Liquid. Each 25 mL dose contains:

- Macrogol 3350 - 13.125 g
- Sodium chloride - 350.7 mg
- Sodium bicarbonate - 178.5 mg
- Potassium chloride - 46.6 mg

When 25 mL is made into a drink by adding 100 mL of water, it contains:

- Sodium - 65 mmol/L
- Chloride - 53 mmol/L
- Bicarbonate - 17 mmol/L
- Potassium - 5.4 mmol/L

It also contains orange flavour, the preservatives benzyl alcohol, methyl hydroxybenzoate (E218), ethyl hydroxybenzoate (E214) and the sweeteners sucralose (E955) and potassium acesulfame (E950).

A 500 mL bottle contains 20 doses of MOVICOL Liquid. It comes with a 25 mL measuring cup.

What is MOVICOL Liquid used for?

This medicine helps you to have a comfortable bowel movement even if you have been constipated for a long time. It also works in faecal impaction (as diagnosed by your doctor). MOVICOL Liquid is for use in adults and children 12 years of age or over.

Before you take MOVICOL Liquid

Do not take this medicine if your doctor has told you that you have:

- an obstruction in your intestine (gut)
- a perforated gut wall
- severe inflammatory bowel disease, like ulcerative colitis, Crohn's disease, or toxic megacolon
- paralysis of the bowel
- an allergy to macrogol or any of the ingredients.

If you have a heart condition you should not take more than two doses of MOVICOL Liquid in any one hour.

MOVICOL Liquid is for use in adults and children 12 years of age or over. Safety in children 12 years of age and under has not been established. Other MOVICOL products are available for use in children under 12 years.

Pregnancy and breast feeding

If you are pregnant, talk to your doctor before you take MOVICOL Liquid.

MOVICOL Liquid can be taken whilst breast feeding.

Other Medicines

Laxative products such as MOVICOL Liquid have the potential to interact with other medications, by altering their absorption. There have been isolated reports of medicines for epilepsy being less effective. Close monitoring of the effects of your medications may be necessary when you commence or cease to take MOVICOL

Liquid regularly. It is important that you should discuss this with your doctor.

How to take MOVICOL Liquid

Adults and Children over 12 years of age.

This product must be diluted before use.

One dose is 25 mL of MOVICOL Liquid diluted with 100 mL of water, to make a total volume of 125 mL.

Constipation:

The recommended dose is one dose daily.

This can be increased to 2 or 3 doses daily if necessary. If extended treatment is required for constipation, do not exceed the maximum recommended dose of 3 doses daily.

Faecal impaction:

The dose is 8 doses a day taken within 6 hours. You may need to take this dose for up to 3 days. If you have a heart condition, do not take more than 2 doses in any one hour.

How to mix:

Open the bottle and measure 25 mL using the measuring cup. Pour the Liquid into a glass and then add 100 mL of water (see diagram below).

When the MOVICOL Liquid Orange flavour solution is clear, drink it.

If you are taking MOVICOL Liquid for faecal impaction, it may be more convenient to add eight 25 mL measures to 800 mL of water. It is essential to dilute MOVICOL Liquid as directed. This will help to reduce any potential risk of dehydration.

Please rinse the measuring cup after use and replace it on the bottle. Any diluted MOVICOL solution not used within 24 hours should be disposed of.

Drink plenty of water. Increase fibre in diet except in cases of medication induced constipation. Prolonged use of laxatives is undesirable and may lead to dependence. If symptoms persist seek medical advice. In some circumstances, prolonged use may be necessary but should only be under medical supervision.

If you take too much MOVICOL Liquid and get bad diarrhoea, stop taking it until it stops. If constipation recurs, you should check with your doctor or pharmacist before taking a new course of MOVICOL Liquid. If you are worried, contact your doctor or pharmacist.

What about side effects?

Sometimes people have stomach ache or rumbles, or an allergic reaction, or feel bloated or sick. You may have diarrhoea especially when starting to take MOVICOL Liquid. If you feel weak, breathless, very thirsty with a headache, or get puffy ankles stop taking MOVICOL Liquid and tell your doctor. Tell your doctor or pharmacist if you think MOVICOL Liquid is causing you any problem.

How to store MOVICOL Liquid

Store your medicine at room temperature (below 30°C). Do not use it after the expiry date on the label. Discard any remaining MOVICOL Liquid 30 days after first opening the bottle. You can mark the discard date on the bottle label.

After you have diluted MOVICOL Liquid Orange flavour in water, if you cannot drink it straight away, keep it covered. Throw away any diluted solution not used within a 24 hour period.

Keep all medicines out of the reach of children.

MOVICOL Liquid is a Pharmacy Medicine.

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1. Use the measuring cup provided to measure 25 mL of MOVICOL Liquid and pour it into a glass.
2. Use the same measuring cup to measure 4 lots of 25 mL of WATER (100 mL total) and add this to the same glass to make a total volume of 125 mL.

