Femular®

Extract of Cimicifuga racemosa (Black cohosh) Ze 450

Consumer Medicine Information

What is in this leaflet?

The information in this leaflet will answer some of the questions you may have about Femular tablets.

What Femular tablets are used for

Femular tablets are recommended for the relief of menopausal symptoms such as hot flushes, sweating, sleep disorders and nervous irritability.

Contraindications

Known hypersensitivity to Black cohosh or to any of the tablet ingredients.

How to take Femular tablets

Femular tablets are taken one tablet daily.

The onset of action can be expected within 2-4 weeks with a maximal effect felt within 3 months. There is no restriction on the duration of treatment. If symptoms persist, medical advice should be sought.

Special warnings and precautions for use

None required. Femular is only used by women with menopausal symptoms, it is not intended to be used during pregnancy and lactation.

Interaction with other medicines

None reported.

Side effects

Occasional gastrointestinal disturbances have been reported.

Overdose

No cases of overdose have been reported.

Storage

Femular tablets should be stored in their original packaging, be protected from moisture and sunlight and kept in a cool place that stays below 25° C.

Product Description

Each Femular tablet contains extracts equivalent to dry:

Cimicifuga racemosa rhizome 42.25mg

Femular tablets contain lactose.

Manufacturer

Femular is made in Switzerland by Zeller AG and is marketed by **herbal medicines** Level 5, 156 Pacific Highway St. Leonards NSW 2065 Australia Telephone: 02 9431 7200 Fax: 02 9431 7272 www.flordis.com.au Adapted from 41919 11/2005A

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