Before you use RELISTOR

Tell your doctor if:

1. You have any allergies to RELISTOR or any of the ingredients listed at the end of this leaflet.
2. You have a history of abdominal pain or nausea.
3. You have had recent surgery or a recent illness.
4. You are pregnant or intend to become pregnant.
5. You are breast-feeding or plan to breast-feed.
6. You have any other medical conditions.

How to use RELISTOR

RELISTOR contains no additives that would prevent the growth of bacteria. For this reason, each vial of RELISTOR is for single use only, in one patient only. Discard any residue.

Follow all directions given to you by your doctor and pharmacist carefully.

They may differ from the information contained in this leaflet.

How much to use

Your doctor will determine what dose you should take. Never inject more than the dose recommended by your doctor.

How to use it

RELISTOR is given by injection under the skin (by subcutaneous injection) in either (1) your upper legs (thighs), (2) your abdomen (stomach), and (3) your upper arm (if not self-injecting).

RELISTOR can be taken with or without food.

See INSTRUCTIONS FOR PREPARING AND GIVING AN INJECTION OF RELISTOR.
Stop using RELISTOR and tell your doctor if you get abdominal pain that will not go away or nausea or vomiting that is new or worse. RELISTOR may increase the risk of stomach or intestinal perforation, especially in the presence of conditions that weaken the stomach or intestinal wall, such as cancer and ulcers of the stomach or intestine.

**Things you must not do**

Do not give RELISTOR to anyone else even if they have the same condition as you.

Do not use RELISTOR to treat any other complaints unless your doctor tells you to.

**Side Effects**

Check with your doctor as soon as possible if you have any problems while taking RELISTOR, even if you do not think the problems are connected with the medicine or are not listed in this leaflet.

Like all medicines, RELISTOR can cause side effects, although not everyone gets them.

As with other injected medicines, common injection site reactions (e.g. stinging, burning, pain, redness, oedema) may occur.

The most common side effects likely to occur in more than one in ten patients receiving RELISTOR are:

- Abdominal pain (belly ache)
- Nausea (feeling sick in the stomach)
- Flatulence (passing wind)
- Diarrhoea (passing of frequent watery stools)
- Excessive sweating

Common side effects likely to occur in more than one in 100 patients, but in less than one in ten patients receiving RELISTOR are:

- Dizziness (light-headed)

Other side effects may occur when using RELISTOR.

Tell your healthcare professional if you have any side effect that bothers you or that does not go away or that gets serious.

**How to store RELISTOR**

Keep out of the reach and sight of children.

RELISTOR should be stored below 30°C and should be protected from light.

Do not use RELISTOR after the expiry date, which is stated on the carton and vial.

Only use RELISTOR if the solution is clear, colourless to pale yellow and does not contain lumps or flakes or particles.

**Disposal**

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

The syringe and needle should NEVER be reused. NEVER recap the needle. Needles should be disposed of properly in a "puncture-resistant container" or as per instructions from your doctor, nurse or pharmacist.

**Product Description**

**What it looks like**

The following packs are available:

- A single vial.

- A convenience pack containing 7 cartons. Each carton contains:
  One 12 mg/0.6 ml single-use vial (20 mg/ml), one 1 ml syringe, two alcohol swabs.

**Ingredients**

The active substance is methylnaltrexone bromide.

The other ingredients are sodium chloride, sodium calcium edetate, glycine hydrochloride and water for injections.

RELISTOR does not contain lactose, gluten, tartrazine or any other azo dyes.

**Supplier**

Link Medical Products Pty Ltd
5 Apollo Street
Warriewood
NSW 2102

Australian Registration Number
12 mg solution; AUST R 144062

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