

# Your Pharmacy Clotrimazole Vaginal Cream 2%

## Consumer Medicine Information

**Before using this product, please read this leaflet carefully.** This leaflet is only a summary. Your Pharmacist or Doctor should be consulted for any further information you might require.

### Identification

Active ingredient: Clotrimazole 2% w/w.

Your Pharmacy Clotrimazole Vaginal Cream 2% also contains the following ingredients: propylene glycol, cetomacrogol 1000, cetostearyl alcohol, liquid paraffin, dimethicone 100, white soft paraffin, glyceryl monostearate SE, benzyl alcohol, disodium edentate, purified water.

Presentation: White opaque cream in a 20 g tube, with three single-use disposable applicators.

### What is Your Pharmacy Clotrimazole Vaginal Cream 2% and what is it used for?

Your Pharmacy Clotrimazole Vaginal Cream 2% belongs to a class of medicines called antifungals and is used to treat the vaginal yeast infection known as Candida. Candida infections result from an overgrowth of yeast fungus and cause an imbalance of the natural microorganisms that are present in the vagina. Certain illnesses such as diabetes, obesity and fatigue can increase the likelihood of an infection. Additionally, hormone changes during pregnancy, during certain times of the menstrual cycle or due to the oral contraceptive pill may also increase the chance of infection. Certain medications such as antibiotics and steroids may also cause overgrowth of Candida.

### When you should not use this medicine

Do not use this medicine if you have ever had an allergic reaction to clotrimazole or other antifungals, or to any ingredients listed under 'Identification' above.

### Before using Your Pharmacy Clotrimazole Vaginal Cream 2%

Seek medical advice before the first course of treatment. Your Pharmacy Clotrimazole Vaginal Cream 2% is available from your Pharmacist. You may consult with your Pharmacist for further information before starting treatment. See a Doctor if you are pregnant or suffer from diabetes.

### Warnings

If you are pregnant, talk to your Doctor before using this medicine.

Avoid using tampons while using Your Pharmacy Clotrimazole Vaginal Cream 2%. Avoid using douches or other vaginal products unless your Doctor advises you to do so.

Do not stop using Your Pharmacy Clotrimazole Vaginal Cream 2% in the first couple of days unless your Doctor tells you to do so. If you stop using this medicine too soon, your infection may return. See a Doctor if no improvements occur after four days, or if the problem returns.

### Side effects

If you have problems with vaginal itching or burning or increased vaginal discharge, talk to your Doctor.

### If you miss a dose

Use your medicine as soon as you remember that you have missed a dose. If it is nearly time for your next dose, wait until then to use the medicine and skip the missed dose.

Do not double up on doses at any time to make up for missed doses.

It is important to complete the course of treatment as incomplete courses may result in your symptoms returning.

### How to use Your Pharmacy Clotrimazole Vaginal Cream 2%

- Your treatment pack contains a tube of cream containing 20 g of clotrimazole cream, and three single-use applicators. 5 g of cream should be inserted in the vagina daily, for three consecutive days
- This medicine is best used at bedtime, unless your Doctor tells you otherwise
- Wash your hands before and after using this medicine
- Wear only clean cotton underwear
- Continue using this medicine even if your symptoms disappear. It is important that the entire course is completed as advised for the treatment to be effective
- Remove cap from the tube of cream. Screw the open end of the applicator to the tube. Pull the applicator plunger out all the way until it stops. Squeeze the tube of cream until the applicator is full. The applicator will then hold approximately 5 g of cream. Unscrew the applicator from the tube and replace the cap on the tube
- Gently insert the applicator (open end first) high into the vagina and push the plunger all the way in. This is best done by lying on the back with knees bent
- Discard the used applicator
- Treatment should be continued for three consecutive days or as advised by your Doctor or Pharmacist
- Treatment should be avoided during menstruation. However, if menstruation occurs during treatment, the course should be completed.
- Applicators are for single-use only and should be discarded after use
- If you are sexually active, your partner may also require treatment. Seek the advice of a Doctor or Pharmacist
- It is important to continue treatment and complete the course, even if you feel better

### Storage

Keep all medicines away from children. Store the cream below 25°C.

Check the expiry date, marked on the end panel of the carton and on the crimp at the end of the tube, which refers to the month and year of expiration eg. 11 96 refers to the eleventh month of 1996. Do not use after the expiry date.

### Distributed by

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