## Citracal tablets®

## **Consumer Medicine Information**

## What is in this leaflet?

Each Citracal tablet contains calcium citrate 1.19 g equivalent to calcium 250 mg.

Citracal tablets are white oval tablets embossed with 250 on one side and CITRACAL on the other.

#### Therapeutic indications

Citracal tablets are recommended as a source of calcium. Citracal may assist in the prevention and treatment of osteoporosis, in maintaining healthy bones, decreasing bone breakdown, and to stabilise bone mass. It may be a source of calcium where there is proven calcium malabsorption and hypocalcaemia.

#### Dosage and Administration

Take two tablets a day or as directed by your doctor.

**Contraindications and Precautions** 

There are few precautions regarding Citracal treatment. Citracal should not be taken where a doctor has diagnosed there is hypercalcaemia or severe hypercalciuria. It should not be taken in conjunction with tetracycline antibiotics.

# Side Effects

Side effects are rare and only mild gastric disturbance has been reported.

## Shelf Life

Shelf life is 3 years from date of manufacture and the expiry date is stamped on the label.

## Storage

The tablets should be stored below  $25^{\circ}C$ .

#### Further Information Contact

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