

# Femular®

Extract of *Cimicifuga racemosa* (Black cohosh) Ze 450

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## Consumer Medicine Information

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### What is in this leaflet?

The information in this leaflet will answer some of the questions you may have about Femular tablets.

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### What Femular tablets are used for

Femular tablets are recommended for the relief of menopausal symptoms such as hot flushes, sweating, sleep disorders and nervous irritability.

#### *Contraindications*

Known hypersensitivity to Black cohosh or to any of the tablet ingredients.

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### How to take Femular tablets

Femular tablets are taken one tablet daily.

The onset of action can be expected within 2-4 weeks with a maximal effect felt within 3 months. There is no restriction on the duration of treatment. If symptoms persist, medical advice should be sought.

#### *Special warnings and precautions for use*

None required. Femular is only used by women with menopausal symptoms, it is not intended to be used during pregnancy and lactation.

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### *Interaction with other medicines*

None reported.

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### Side effects

Occasional gastrointestinal disturbances have been reported.

#### *Overdose*

No cases of overdose have been reported.

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### Storage

Femular tablets should be stored in their original packaging, be protected from moisture and sunlight and kept in a cool place that stays below 25°C.

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### Product Description

Each Femular tablet contains extracts equivalent to dry:

- Cimicifuga racemosa rhizome 42.25mg

Femular tablets contain lactose.

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### Manufacturer

Femular is made in Switzerland by Zeller AG and is marketed by **herbal medicines** Level 5, 156 Pacific Highway St. Leonards NSW 2065 Australia Telephone: 02 9431 7200 Fax: 02 9431 7272 [www.flordis.com.au](http://www.flordis.com.au)

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