

# DBL™ Magnesium Chloride Concentrated Injection

Magnesium Chloride

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## Consumer Medicine Information

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### What is in this leaflet

This leaflet answers some common questions about DBL™ Magnesium Chloride Concentrated Injection. It does not contain all the available information.

It does not take the place of talking to your doctor and pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you being given DBL™ Magnesium Chloride Concentrated Injection against the benefits this medicine is expected to have for you.

**If you have any concerns about this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.** You may need to read it again.

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### What DBL™ Magnesium Chloride Concentrated Injection is used for

Magnesium chloride is an electrolyte used to quickly increase the amount of magnesium in your body. It is also used to provide magnesium to your body if you are on total parenteral nutrition.

Magnesium chloride works by providing a source of magnesium for your body to use.

Your doctor may have prescribed magnesium chloride for another reason. Ask your doctor if you have any questions about why magnesium chloride has been prescribed for you.

This medicine is available only with a doctor's prescription.

Magnesium chloride is not addictive.

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### Before you are given DBL™ Magnesium Chloride Concentrated Injection

#### *When you must not be given it*

**Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.**

**Tell your doctor if you have previously had a reaction to magnesium injections.**

**You should not be given DBL™ Magnesium Chloride Concentrated Injection if:**

- **the packaging is torn or shows signs of tampering**
- **the expiry date on the pack has passed**  
If you are given this medicine after the expiry date has passed, it may not work as well.
- **you have any of the following medical conditions:**
  - kidney failure
  - heart block

#### *Before you are given it*

**Your doctor must know about all the following before you begin therapy with magnesium chloride.**

1. **if you have or have ever had any other health problems/medical conditions, including:**
  - kidney disease
2. **if you are pregnant or intend to become pregnant**  
Your doctor will discuss the risks and benefits of you being given magnesium chloride during pregnancy.
3. **if you are breast-feeding or plan to breast-feed**  
Your doctor will discuss the risks and benefits of you being given magnesium chloride when breast-feeding.

**If you have not told your doctor about any of the above, tell them before you are given magnesium chloride.**

#### *Taking other medicines*

**Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop. Some medicines may interfere with magnesium chloride. These include:**

- Cardiac glycosides (such as digoxin)
- Central nervous system depressants
- Neuromuscular blocking agents
- Treatments for blood pressure

- Treatments for excess fluid.

These medicines may be affected by magnesium chloride, or may affect how well it works. You may need different amounts of your medicine, or you may need to take different medicines.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while being given magnesium chloride.

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## How DBL™ Magnesium Chloride Concentrated Injection is given

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Magnesium chloride is given as a slow injection into a vein.

Magnesium chloride must only be given by a doctor or nurse.

Your doctor will decide what dose of magnesium chloride you will receive and how long you will receive it for. This depends on your medical condition and other factors, such as your weight.

Sometimes only a single dose of magnesium chloride is required.

*If you are given too much (overdose)*

**As DBL™ Magnesium Chloride Concentrated Injection is given to you under the supervision of your doctor, it is very unlikely that you will receive too much. However, if you experience any severe side effects after being given this medicine, tell your doctor or nurse immediately.**

Symptoms of a magnesium chloride overdose may include the side effects listed below in the 'Side effects' section, but are usually of a more severe nature.

**Immediately telephone your doctor or the Poisons Information Centre (telephone 13 11 26 in Australia, or call 0800 764 766 in New Zealand) for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Magnesium Chloride. Do this even if there are no signs of discomfort or poisoning.**

You may need urgent medical attention.

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## Side effects

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are being given magnesium chloride.**

Magnesium chloride helps most people with low levels of magnesium in their bodies, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

**Ask your doctor or pharmacist to answer any questions you may have.**

*While being given it*

**Tell your doctor immediately if you notice any of the following:**

- flushing
- nausea
- vomiting
- muscle weakness
- blurred or double vision
- loss of reflexes
- breathing difficulties
- irregular heartbeat.

Some people may get other side effects while being given magnesium chloride.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

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## After being given DBL™ Magnesium Chloride Concentrated Injection

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### *Storage*

DBL™ Magnesium Chloride Concentrated Injection will be stored in the pharmacy or on the ward. The injection is kept in a cool dry place where the temperature stays below 25°C.

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## Product description

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### *What it looks like*

DBL™ Magnesium Chloride Concentrated Injection is a clear, colourless solution.

### *Ingredients*

DBL™ Magnesium Chloride Concentrated Injection contains:

- magnesium chloride as the active ingredient, and
- water for injection.

DBL™ Magnesium Chloride Concentrated Injection does not contain gluten, lactose, sucrose, tartrazine or any other azo dyes.

### *Sponsor*

DBL™ Magnesium Chloride Concentrated Injection is supplied by:

#### **Australian Sponsor**

Hospira Australia Pty Ltd  
 ABN 58 097 064 330  
 Level 3  
 500 Collins Street  
 Melbourne VIC 3000  
 Australia

#### **New Zealand Sponsor**

Hospira NZ Limited  
 58 Richard Pearse Drive  
 Airport Oaks, Mangere 2022  
 Auckland  
 New Zealand

DBL™ Magnesium Chloride

Concentrated Injection is available in the following presentation:

- 480 mg/5 mL ampoules AUST R 16310

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