

COLONPREP KIT A

Powders for Oral Administration

Consumer Medicine Information

WHAT IS IN THIS LEAFLET?

Please read this leaflet carefully before you start to use your medicine.

Keep the leaflet because you may want to read it again.

It answers some of the common questions people ask about COLONPREP KIT A.

It does not contain all the information that is known about COLONPREP KIT A. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

WHAT IS COLON PREP KIT A ?

COLONPREP KIT A is made up of the following two components:

- ColonLYTELY which contains the saline purgative sodium sulfate.
- PICOLAX which is a stimulant laxative.

When taken by mouth it cleanses the bowel rapidly by inducing bowel action.

WHAT IS COLONPREP KIT A USED FOR?

COLONPREP KIT A is a means of cleansing the lower bowel in preparation for endoscopic, barium enema, X-ray or surgical gastrointestinal examination.

WARNING: Serious dehydration and/or electrolyte disturbances may occur in some people.

Read the section headed "BEFORE USING COLONPREP KIT A "

HOW DOES COLON PREP KIT A WORK?

ColonLYTELY:

The sodium sulfate works by increasing retention of water in the intestine which induces bowel movement while the other ingredients ensure there is no net loss or gain of ions from the bowel.

PICOLAX:

Sodium picosulfate is hydrolysed by colonic bacteria forming active ingredient bis(p-hydroxyphenyl)-2-pyridylmethane, a colonic stimulant, which increases the motility of the colon, thereby promoting bowel movement.

ColonLYTELY and PICOLAX each usually produces a bowel movement within 3 hours, depending on dosage & individual response.

BEFORE USING COLONPREP KIT A

You Must Not Take COLONPREP KIT A if:

- you have acute surgical abdomen where any laxative is contraindicated.
- it is beyond the end of the month of the expiry date printed on the pack.

Medicines may have no effect at all, or worse, an entirely unexpected effect if you take them after the expiry date.

- the sachets are not intact.
- you are known to be hypersensitive to any of the components.

Tell Your Doctor or Pharmacist if:

- you are taking other medicines. Oral medication administered within one hour of taking ColonLYTELY or PICOLAX may be flushed from the gastrointestinal tract and not absorbed.
- you have ever had a reaction to ColonLYTELY, PICOLAX or any of their ingredients (see Product Description).
- you have any nausea, vomiting, or abdominal pain.
- you have noticed a sudden change in bowel habits that has persisted over a period of 2 weeks
- you are breast feeding or are pregnant or likely to become pregnant.
- you have any rectal bleeding.

- you have kidney problems, heart problems or diabetes.

Discuss this carefully with your doctor before taking this product. If you are diabetic, the liquid diet recommended with this medication may affect your glucose blood levels and adjustment of your insulin or oral anti-diabetic medicine may be necessary.

PICOLAX contains 0.96 mg of sodium per sachet which should be taken into account by those on a low sodium diet. (0.96mg sodium = 0.042mEq sodium).

If you have not told your doctor or pharmacist about any of these things, tell them before you take any COLONPREP KIT A.

DIRECTIONS FOR USE

Follow all directions given to you by the doctor carefully.

They may differ from the information contained in this leaflet.

DRINK PLENTIFUL WATER WHILE TAKING THIS PRODUCT.

You should drink at least one 250mL glassful of clear liquid every hour (the more the better).

GENERAL LAXATIVE WARNINGS

Do not use a laxative product when nausea, vomiting, or abdominal pain is present unless directed by a doctor.

If you have noticed a sudden change in bowel habits that persist over a period of 2 weeks, consult a doctor before using a laxative. Generally increase fibre in your diet.

Rectal bleeding or failure to have a bowel movement may indicate a serious condition. Discontinue use and consult a doctor.

Laxative products should not be used longer than one week unless directed by a doctor.

Frequent or prolonged use of a laxative may result in dependence on laxatives.

If symptoms persist, seek medical advice.

HOW DO I TAKE COLONPREP KIT A PROPERLY?

Avoid excessive exercise so that dehydration does not occur. DRINK PLENTIFUL WATER prior to, during and after taking PICOLAX.

A sachet should only be opened immediately before use. You should have someone with you to assist and to accompany you to and from the doctor.

Please wear loose fitting clothing and remain within easy reach of toilet facilities.

Do not exceed the recommended dose given to you by your doctor.

In case of accidental overdose or ingestion contact a doctor or pharmacist or contact a Poisons Information Centre immediately.

If pain relief is needed, paracetamol only may be taken.

SIDE EFFECTS

Nausea or bloating may be caused by ColonLYTELY. If this occurs, slow down and take longer to complete the drink.

Abdominal discomfort may be caused by PICOLAX. This side effect occurs less frequently than with some other laxatives.

FURTHER INFORMATION

Approved Clear Liquids are listed overleaf in the Patient Instruction Sheet.

DISPOSAL

Ask your pharmacist what to do with any medication you have left over.

STORAGE

Store COLONPREP KIT A in a cool, dry place where the temperature stays below 30°C.

Keep this, and all medicine, where young children cannot reach it. Do not store it, or any medicine, in the bathroom or near a sink.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Do not leave it in the car on hot days.

PRODUCT DESCRIPTION

What COLONPREP KIT A Looks Like?

COLONPREP KIT A contains:

- one sachet of ColonLYTELY, which contains a soluble white powder.
- two sachets of PICOLAX, each of which contains a soluble white powder.
- this leaflet.

Ingredients

Each sachet of ColonLYTELY contains the active ingredient sodium sulfate.

It also contains the following inert ingredients: polyethylene glycol, sodium bicarbonate, sodium chloride and potassium chloride.

Each sachet of PICOLAX contains the active ingredients sodium picosulfate 10mg, Magnesium carbonate and Citric acid (forming magnesium citrate in solution).

PICOLAX also contains Acesulfame potassium, Lemon flavour Trusil, Silicone dioxide (colloidal) and Povidone.

SPONSOR

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