# CANESTEN ONCE DAILY BIFONAZOLE TOPICAL CREAM

Bifonazole cream 1% (AUST R 63479)

**Consumer Medicine Information** 

## Before using this product

Please read this leaflet carefully.

If you have any further questions or are not sure about something, ask your pharmacist.

This leaflet is only a summary

## 1. PRODUCT DESCRIPTION

CANESTEN ONCE DAILY BIFONAZOLE cream is a white opaque cream presented in a screwcap tube containing 20g of cream.

Each gram of CANESTEN ONCE DAILY BIFONAZOLE 1% cream contains 10 mg of bifonazole.

The cream also contains benzyl alcohol, cetyl esters wax, cetostearyl alcohol, octyldodecanol, polysorbate 60, sorbitan monostearate and purified water.

Pack size: Cream tube 20g

## 2. WHAT CANESTEN ONCE DAILY BIFONAZOLE CREAM IS USED FOR

CANESTEN ONCE DAILY BIFONAZOLE cream is a topical

antifungal cream used to treat skin infections such as tinea, Athlete's foot, jock itch, ringworm of the body and other skin infections caused by fungi and yeasts (eg. skin infections which may be associated with nappyrash).

The product contains the active ingredient bifonazole and is for external use only.

### 3. BEFORE YOU USE CANESTEN ONCE DAILY BIFONAZOLE CREAM

#### NOT RECOMMENDED FOR USE ON BABIES EXCEPT UNDER MEDICAL SUPERVISION.

#### Do not use CANESTEN ONCE DAILY BIFONAZOLE cream:

- if you are allergic to bifonazole or any of the ingredients,
- in the eyes,
- past its expiry date.

## Ask your pharmacist or doctor for advice

- before treating yourself, as many skin infections have similar signs and symptoms,
- before treating a baby,

- if you are pregnant or breastfeeding,
- if you are using other things to treat your skin condition, including other medicines, creams or ointments you may have bought at your pharmacy, supermarket or health food shop.

Not to be taken orally. Not for internal use.

CANESTEN ONCE DAILY BIFONAZOLE cream is not to be used for fungal infections of mucosal membranes, eg. in the mouth or vagina.

## 4. HOW TO USE CANESTEN ONCE DAILY BIFONAZOLE CREAM

Apply CANESTEN ONCE DAILY BIFONAZOLE cream once a day, preferably before going to bed.

Clean and dry the affected area thoroughly. Apply cream thinly to the affected area and rub in gently. A small amount (about the size of a pea) is sufficient for the treatment of an area about the size of the palm.

The length of treatment is between 2 to 4 weeks and depends on the type of infection and site involved.

To achieve a lasting cure, continue applying the cream for the full duration of treatment as shown below, even if the infection seems to have cleared. Athlete's foot or tinea of the foot 3 weeks

Yeast infections o the skin 2 - 4 weeks

Jock itch, Ringworm or tinea of the body 2 - 3 weeks

#### **Missed Application**

If you miss an application, apply it as soon as you remember. However if it is almost time for your next application ignore the missed dose and go back to using it as you would normally.

#### In case of swallowing

Seek medical advice immediately or contact the Poisons Information Centre (tel: 131126).

### 5. WHILE YOU ARE USING CANESTEN ONCE DAILY BIFONAZOLE CREAM

Attention to hygiene is important in the management of fungal infections of the feet. After washing the feet, dry thoroughly (especially between the toes) with a clean towel. Wear clean cotton socks and change daily or more often if your feet sweat freely. Wear wellventilated shoes or sandals.

Wear loose fitting cotton clothing when using this medication on the groin area.

In general, keep the affected areas clean, cool and dry.

## 6. SIDE EFFECTS

Occasionally, skin reactions such as redness, burning, itching, irritation and peeling may occur.

If any of these local reactions (or other side effects not listed above) develop, discontinue use and ask for advice from your pharmacist or doctor.

## 7. AFTER USING CANESTEN ONCE DAILY BIFONAZOLE CREAM

Continue treatment for the recommended length of time even if the infection seems to have cleared.

#### Storage

Keep all medicines out of the reach of children.

CANESTEN ONCE DAILY BIFONAZOLE cream should be stored in the manufacturer's tube until immediately before use.

Store below 30°C.

Check the expiry date on the end panel of the carton and on the crimp at the end of the tube. Do not use after the expiry date.

Discard expired medicine out of reach of children.

#### Further information

You are advised to discuss any aspect of CANESTEN ONCE DAILY BIFONAZOLE cream treatment or seek further information from your pharmacist.

#### Manufacturer:

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