

Duro-Tuss™ Chesty Cough Forte Tablets

Bromhexine Hydrochloride and Guaiphenesin

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about Duro-Tuss Chesty Cough Forte Tablets. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking Duro-Tuss Chesty Cough Forte Tablets against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet.

You may want to read it again.

What Duro-Tuss Chesty Cough Forte Tablets are used for

Duro-Tuss Chesty Cough Forte Tablets contain two active ingredients bromhexine hydrochloride and guaiphenesin. Bromhexine helps to clear the chest by thinning the mucus in your air passages. Guaiphenesin is an expectorant that loosens and reduces the thickness of phlegm, making it easier to cough up.

Ask your pharmacist or doctor if you have any questions about this medicine.

Your pharmacist or doctor will have more information on medicines to be careful .

Before you take Duro-Tuss Chesty Cough Forte Tablets

When you must not take it

Do not use in children under 12 years of age.

Do not take Duro-Tuss Chesty Cough Forte Tablets if you have an allergy to:

- Any medicine containing Bromhexine hydrochloride or Guaiphenesin
- Any of the ingredients listed at the end of the leaflet

Some of the symptoms of an allergic reaction may include:

- Shortness of breath
- Wheezing or difficulty breathing
- Swelling of the face, lips, tongue or other parts of the body
- Rash, itching or hives on the skin.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If this medicine is expired or damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

Before you start to take it

Tell your pharmacist or doctor if you have had any of the following medical conditions:

- Liver problems
- Kidney problems
- Porphyria, a rare blood pigment disorder
- Stomach ulcers

Tell your pharmacist or doctor if you have persistent cough or chronic cough such as that occurring with:

- Smoking
- Asthma or other breathing problems
- Bronchitis
- Chronic Obstructive Pulmonary Disease (COPD)
- Emphysema
- Cough with excessive phlegm.

This medicine may make your cough worse if you have these symptoms.

Tell your pharmacist or doctor if you are pregnant or plan to become pregnant.

Your pharmacist or doctor will discuss the potential benefits and possible risks of taking this medicine during pregnancy.

Ask your pharmacist or doctor about taking this medicine if you are breastfeeding.

It is not known if Bromhexine hydrochloride and Guaiphenesin passes into breast milk. Your pharmacist or doctor will discuss the potential benefits and risks of taking this medicine if you are breastfeeding.

If you have not told your pharmacist or doctor about any of the above, tell him/her before you start taking Duro-Tuss Chesty Cough Forte Tablets.

Taking other medicines

Tell your pharmacist or doctor if you are taking any other medicines, or any other cough and cold medicines, including any that you can get without a prescription or that are herbal from your pharmacy, supermarket or health food shop.

Some medicines and Duro-Tuss Chesty Cough Forte Tablets may interfere with each other.

Ask your pharmacist or doctor if you are unsure about whether you should take Duro-Tuss Chesty Cough Forte Tablets.

Your pharmacist or doctor will have information on medicines to be careful with or avoid while taking this medicine.

How to take Duro-Tuss Chesty Cough Forte Tablets

Follow all directions on the pack or those given to you by your pharmacist or doctor carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions on the box, ask your pharmacist or doctor for help.

How much to take

Adults & Children over 12 years:
Take one tablet every 4 - 6 hours as required.

The maximum dose is 4 tablets per day.

Do not use in children under 12 years of age.

If you take too much (overdose)

Immediately telephone your doctor or the Poisons Information Centre for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Duro-Tuss Chesty Cough Forte Tablets. Do this even if there are no signs of discomfort or poisoning.

**Poisons Information Centre
Australia: 13 11 26**

While you are using Duro-Tuss Chesty Cough Forte Tablets

Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve.

Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

Things you must not do

Do not take Duro-Tuss Chesty Cough Forte Tablets to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

Do not use this medicine under 12 years of age.

Things to be careful of

Be careful driving or operating machinery until you know how Duro-Tuss Chesty Cough Forte Tablets affect you.

This medicine may cause dizziness in some people. If this happens, do not drive or operate machinery.

This medicine may cause drowsiness (particularly in very large doses) in some people. If this happens, do not drive or operate machinery.

Side Effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Duro-Tuss Chesty Cough Forte Tablets.

This medicine helps most people, yet it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need urgent medical attention if you get some of the side effects.

Do not be alarmed by the following list of possible side effects. You may not experience any of them.

Ask your pharmacist or doctor to answer any questions you may have.

Tell your pharmacist or doctor if you notice any of the following and they worry you:

- Dizziness
- Nausea and vomiting
- Stomach pain
- Constipation
- Headache
- Diarrhoea
- Indigestion
- Abdominal fullness
- Sweating
- Rash

The above list includes the more common side effects of your medicine. They are usually mild.

If any of the following happens, tell your doctor or pharmacist immediately or go to Accident and Emergency at your nearest hospital:

- Shortness of breath
- Wheezing or difficulty breathing
- Swelling of the face, lips, tongue, or other parts of the body

- Rash, itching or hives on the skin

The above list includes very serious side effects. You may need urgent medical attention or hospitalisation. These side effects are very rare for this medicine.

Tell your pharmacist or doctor if you notice anything that is making you feel unwell.

Other side effects not listed above may also occur in some people.

Before and after using Duro-Tuss Chesty Cough Forte Tablets

Storage

Keep your medicine in the original pack until it is time to take it.

Keep your medicine in a cool, dry place where the temperature stays below 30°C.

Do not store Duro-Tuss Chesty Cough Forte Tablets or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep the medicine where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal

Ask your pharmacist what to do with any medicine that is left over, or if the expiry date has passed.

Product Description

What it looks like

Duro-Tuss Chesty Cough Forte Tablets are white, round biconvex tablets.

Duro-Tuss Chesty Cough Forte

Tablets are available in blister packs of 4, 24, 60 and 96 tablets.

Ingredients

Each Duro-Tuss Chesty Cough Forte Tablet contains:

- Bromhexine hydrochloride 8mg
- Guaiphenesin 200mg

as the active ingredients.

It also contains;

- Pregelatinised maize starch
- PVP/VA copolymer
- Croscarmellose Sodium
- Microcrystalline cellulose
- Colloidal Anhydrous Silica
- Magnesium Stearate

Sponsor

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TM = Trademark

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