

Premular

Extract of Vitex agnus castus (Chaste tree) Ze 440

Consumer Medicine Information

What is in this leaflet?

The information in this leaflet will answer some of the questions you may have about Premular tablets.

What Premular tablets are used for

Premular tablets are recommended for the relief of premenstrual syndrome.

Before you use Premular tablets

- Due to absence of clinical data, Premular should not be used in patients with severe renal impairment (kidney problems) or hepatic impairment (liver problems).
- Breast-feeding
There is no data on the use of Premular during breast-feeding. Premular should only be used during breast-feeding under medical recommendation.
- Contraindications
Known hypersensitivity to fruits of *Vitex agnus-castus* or to the tablet ingredients.

How to take Premular tablets

Adults take one tablet daily with water, at about the same time each day. Tablets should be taken an hour before or after meals. It may take up to 3 months for the full effect of Premular to be reached. Use only as directed and if pain or symptoms persist consult your doctor or health care professional.

While you are taking Premular tablets.

You should remind your health care professional that you are taking Premular tablets, especially if you are currently taking or intend starting any other medicine.

Effects on ability to drive and operate machinery

Premular tablets have no known adverse effects in these situations.

Side Effects

No serious side effects have been recorded. Occasionally itching of the skin may occur and in very rare cases, at the start of the treatment only, certain isolated premenstrual symptoms may be slightly increased.

Storage

Premular tablets should be stored in their original packaging, be protected from moisture and sunlight and kept in a cool place that stays below 25°C.

Product Description

Each Premular tablet contains extracts equivalent to dry:

Vitex agnus-castus fruit 180mg.

Premular tablets contain lactose.

Manufacturer

Premular tablets are made in Switzerland by Zeller AG
And are marketed in Australia by **herbal medicines**
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